

“Neighbors Serving Neighbors”

The Trails



at Rancho Bernardo Newsletter

Apr-May 2008

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Homeowners Meeting

7:00 PM, Monthly 2nd Thursday

ARC Committee Meeting

7:00 PM, 2nd & 4th Tuesday of the Month

President's Message

Hello to all Trails Homeowners. As you would expect, we have been very busy since the October wildfires with putting our community back to what it was prior to the fire.

First, we needed to establish that Units 4-7 had a functioning sewer system before the electricity was turned back on. We had to procure new pumps and materials that were needed to be in place prior to having the electricity turned back on. Our fears were that we were facing a major backup and spill (resulting in additional cleanup expenses) had the equipment failed as residents were coming back to their homes.

I have been a resident of The Trails for 14 years and very proud to say that we have spent countless hours improving the Trails that you see today. The Board of Directors have been working hard since the fires to make sure that the city has given us erosion control products and to deliver them to our neighborhood. Members of the Board not only helped deliver materials but also loaned out their own tools to their neighbors to help set up the erosion control materials.

The Board met with the City of San Diego Street division to come up with a plan to repair all of our concrete streets after the homes are rebuilt. We have arranged to meet every 90 days to review the condition of our streets.

Your ARC Board has been volunteering many hours by meeting on the 2nd & 4th Tuesdays as well as on a weekly basis to deal with the overwhelming torrent of issues related to the fire.

I would like also to comment on all of the letters that have been mailed to your home from some of those that oppose the new CC&R's. One of these letters implied that it was being sent by the Homeowner's Association. It was unsigned and deceptive.

I would like to take a moment to clear some of the confusion generated by the onslaught of these letters.

(continued on next page)

A Thought For The Day...

"Any fool can criticize, condemn and complain and most fools do"

--Benjamin Franklin

Quote of The Month...

"We can complain because rose bushes have thorns or rejoice because thorn bushes have roses. "

-- Abraham Lincoln

Interesting Facts

Non-dairy creamer is flammable.

Americans collectively eat one hundred pounds of chocolate every second.

Penguins can convert salt water into fresh water.

The IRS employees tax manual has instructions for collecting taxes after a nuclear war.

Avocados have more protein than any other fruit.

Antarctica is the only land on our planet that is not owned by any country.

Half of all identity thieves are either relatives, friends, or neighbors of their victims.

Chewing gum while peeling onions will keep you from crying.

The pupil of the eye expands as much as 45 percent when a person looks at something pleasing.

President's Message, Continued

First, the false statement that there will be an annual 20% dues increase is absolutely untrue. The current CC&R's provide for a maximum 10% increase; under a normal situation, that can work. However, with the rising costs to keep and maintain security, front & rear weekly entrance maintenance and the ever increasing cost of property management, there are years that a 11% or 13% increase is needed to have a balanced budget. The Trails has been running a negative budget for 2008 because of the wild-fires. Some of added costs came from the need to have added security for the homeowners during the first 4 months after the fire. There were added costs in sewer repairs as well as the need to have additional funds available for things like attorney fees (specifically one case to defend against a threatened lawsuit against the community if we permitted a homeowner to cut down his burned trees despite opposition from his neighbor because they claimed it could allow too much wind to come at their home). The Board has the responsibility to protect the financial well being of the community and to ensure that the Trails continues to be a desirable place to live.

Property Management Consultants (PMC) has been very busy sending out letters to homeowners regarding curb appeal and I'm very proud to say that 99% of responses come back with a thank you for bringing attention to the problem. I would like to quote one homeowner "Dear Susan, I want to Thank You for the letter letting me know about our dead shrubs and burned down trees on our lot. We were first upset about receiving this letter but after driving over to our lot that we now have up for sale, we realized the view of our mess was indeed a mess to our neighbors and we have contacted a landscape company to come in and clean the front of our lot. We have moved back to Orange County to be close to our family and once again Thank You." I would like to say that the number of the compliments that we've been receiving is overwhelming and I would like to say Thank You.



These have been difficult times for us all but together we are moving forward! If you have any concerns or issues, please contact the PMC and a member of the Board will get back with you ASAP.

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"I tried some of those diet pills, but unfortunately my results were typical."

CC&R Quickies

No farm or wild animals are to be kept on lots, except horses on those lots not excluded from stabling horses.



Recipe Of The Month



Cooking Lite With Steve-O

Broiled Flank Steak with Salsa Verde



Broiled Flank Steak with Salsa Verde

This piquant green sauce makes a great accompaniment to broiled or grilled pork, or steamed white fish. A little goes a long way, so use it sparingly. Serve with roasted potato wedges.

Ingredients

Salsa:

- 1 cup cilantro leaves
- 1 cup flat-leaf parsley leaves
- 3 tablespoons water
- 2 tablespoons extravirgin olive oil
- 1 tablespoon fresh lime juice
- 2 teaspoons capers, rinsed and drained
- 1 teaspoon Dijon mustard
- 3 cornichons
- 1 garlic clove, peeled

Steak:

- 1 (1 1/2-pound) flank steak, trimmed
- 1/2 teaspoon salt
- 1/2 teaspoon freshly ground black pepper
- Cooking spray

Instructions

Preheat broiler.

To prepare salsa, place cilantro and next 8 ingredients (through garlic) in a food processor; process until smooth, scraping sides of bowl occasionally. Place sauce in a bowl; cover and set aside.

To prepare steak, sprinkle each side of steak evenly with salt and pepper. Place on a broiler pan coated with cooking spray; broil 6 minutes on each side or until desired degree of doneness. Cut steak diagonally across grain into thin slices; serve with salsa.

Contractors Who Work in The Trails

Important Phone Numbers

Police, RB Storefront
858-538-8146

Police Dispatch
858-484-3154

Fire
911

Trails Sewer Emergency
858-454-1686 (new)

Knight Security
760-745-3604

Palomar Hospital
760-739-3000

Pomerado Hospital
858-613-4000

Poison Control Center
800-876-4766

Child Abuse Hotline
800-344-6000

Crisis Line (Personal)
800-479-3339

Library
858-538-8163

PUSD
858-748-0010

Swim & Tennis Club
858-487-5002

Post Office, RB
800-275-8777

Better Business Bureau
858-496-2131

RB Chamber of Commerce
858-487-1767

RB Senior Services
858-487-2640

SDG&E, Cust Service
800-411-7343

Street Light Maintenance
619-527-7500

Trash Collection Info
858-492-5060

Recycling/Refuse Center
858-694-7000

Time of Day
858-853-1212

Weather Service (select opt #1)
858-675-8706

ALL EMERGENCIES
POLICE / FIRE / PARAMEDICS

DIAL 911



www.rbtrails.com

Electrical Services

Ralph Hollis Electric, CA#: 598686
858-442-6904 ralphholliselectric@hotmail.com

Electronic Recycling

U-Call We-Haul, Property Clean-Ups and Electronic Recycling
858-525-4213 u-callwe-haul@live.com

Errand Service and Personal Assistant

Rancho Bernardo Errand Service 858-385-7878

Driveway Interlocking Pavers

Signature Paving, Jerry Larimore 760-975-4870

Health Coaching and Fitness Training

In-home fitness consultations and sports therapy by Tim and Sharon Kearin, four year residents of the Trails (858) 485-5021

Mortgages

Tom Kimball Mortgage Company, Tom Kimball
16776 Bernardo Center Drive 858-675-9805

Real Estate

Prudential California Realty, Arleen Gimbel
858-618-5658 (w) / 858-485-7077 (h) - www.arleengimbel.com
See www.thetrailsnews.com for neighborhood news

RE/MAX Of Rancho Bernardo, Libby Saleh -www.libbysaleh.com
Office 858-485-1700 ext. 221, Direct 858-663-6544

Roofing and Repair

Strafford Roofing, Pat Strafford, C-39 649662 619-258-7621

Security

Knight Security, Special Prices for Trails Homeowners
#C-7, C-10, C-61-306628, ACO 574, PPO-11254 760-745-3604

Travel Agent / Cruises

Joiner Travel
16935 W. Bernardo Dr., Ste. 107, San Diego, Ca 92127-1635
joinertravel@sbcglobal.net, 858 673-5700 / Fax: 858 673-5727

Tree Trimming

Parker Tree Service, Trimming and Removal
Certified Arborist #5975, #5976 / Contractor License #763675
Parkertreesvc@aol.com, 858-538-3785

Window Replacement

Joseph LaCurto U.S. Window & Door 760-471-7452

Window Washers

Final Touch Window Cleaning & Screen Repair
Paul Robinson, Owner
Licensed and Insured, 760-751-7018

To place an ad, contact Steve Arnold at 858-518-2002

**The B.O.D. does not make any guaranty of services or work. Always ask for references and get multiple quotes!*