

"Neighbors Serving Neighbors"

The Trails



at Rancho Bernardo Newsletter

January 2008

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Homeowners Meeting

7:00 PM, Monthly 2nd Thursday

ARC Committee Meeting

7:00 PM, 2nd & 4th Tuesday of the Month

Saying Goodbye...

Long time resident of The Trail's, Captain Edward J. Silva, Jr. Passed away Dec. 29th. 2007 in the company of his wife and children at his home in Rancho Bernardo.

Captain Silva was born on July 31, 1934 in the New England seaport of Gloucester, Massachusetts. He continued the Silva family seagoing tradition by attending Maine Maritime Academy (MMA), where he served as bandmaster, led the orchestra during training cruise dances, held the rank of company commander, and was a member of both the Propeller Club and Yearbook staff. In his senior year, Captain Silva was presented with the MMA Alumni Association award given each year to the midshipman who contributed the most to his class and the Academy. Upon graduation in 1957, he earned a Bachelor of Marine Science Degree as a Deck Officer as well as a commission as an Ensign in the United States Navy. During Captain Silva's merchant marine career, he completed 15 complete circumnavigations of the world as an officer and captain aboard vessels of American Export Lines while calling upon 26 countries and 29 foreign ports. As his maritime career progressed, Captain Silva received licenses as both a Master of Unlimited Steam & Motor Vessels and Unlimited Sail of any gross tons on the open ocean and spent eight years as a Senior Pilot for the Panama Canal Company.



For the next 26 years, Captain Silva served as President and Senior Pilot in the San Diego Harbor, piloting more than 9,800 vessel movements in all weather conditions without incident. He was also responsible for the safe return of the EXXON VALDEZ into San Diego for repairs at NASSCO that created additional revenue and jobs for fellow San Diegans. Captain Silva rose to the rank of Captain in both the Merchant Marine and United States Naval Reserve before retiring after 37 years of active and reserve service. Captain Silva's leadership talents led to roles in many distinguished positions including serving as the Past President and Founder of the MMA Alumni Chapter - Panama Canal as well as the Past President of the MMA Alumni Chapter - San Diego.

Ed served many years on The Trails Homeowner's Association as President, Ed was the driving force of the recent renovation of the Front and Rear entrances.

Captain Silva is survived by his wife of 41 years, Patricia, and two grown children, Debbie and Edward.

Captain Ed.....We will miss you and Thank You for all you have done.

A Thought For The Day...

"In this life we cannot do great things. We can only do small things with great love."
Mother Teresa

Quote of The Month...

" Count your blessings. Once you realize how valuable you are and how much you have going for you, the smiles will return, the sun will break out, the music will play, and you will finally be able to move forward the life that God intended for you with grace, strength, courage, and confidence."
Og Mandino, Motivational Speaker

Interesting Facts

1. California has issued at least 6 drivers licenses to people named Jesus Christ.
2. Kangaroos can not walk backwards.
3. 'Jedi' is an official religion, with over 70,000 followers, in Australia.
4. Most alcoholic beverages contain all 13 minerals necessary to sustain human life.
5. Nachos is the food most craved by pregnant women.
6. Each year, 24,000 Americans are bitten by rats!
7. Most dreams last only 5 to 20 minutes.
9. The hair of an adult man or woman can stretch 25 percent of its length without breaking.
10. On average, the life span of an American dollar bill is eighteen months.

Items Of Interest

Safe Landscape Plants: It became evidently clear during last year's fires that certain plants and trees are much more likely to burst into flames than others. The Architectural Committee is busy working on a list of plant material and recommendations for what to use and what to avoid in your landscaping plans. The website will continue to be updated with the latest information regarding this topic. At this point, we have on the website a series of source material written by local authorities such as the Rancho Santa Fe Fire District and the County. We will be pulling a set of concise recommendations from these and plan to have that published on the website.

What to Expect During Rebuilding: In order to help Trails residents who are rebuilding, the Architectural Committee is meeting twice per month, on the second and fourth Tuesdays, from 7 p.m. to 9 p.m. As a homeowner, you're invited to attend the meeting (held in the Club 21 room at the RB Swim and Tennis Club) to discuss preliminary and final home designs that are on our agenda, voice concerns, raise questions, or just dialogue with the committee about the future of our community.

In order to give neighbors more time to look over proposed home plans, plans on the evening's agenda will be available for viewing beginning at 6 p.m. on meeting nights. We will also have an architectural committee member available to answer any questions you may have at that time.

The first meeting of 2008 was, as one homeowner said, "two hours of good communication." Your architectural committee is working hard to not only help those residents who are rebuilding, but to shape the Trails into a community all of us can be proud of. That means we're also working with those whose houses were saved, but have concerns about the new rebuilding. And we're drafting new recommendations for fire safe landscaping that will greatly reduce fire danger

It's a lot to do, but by working together as a community, we will not only overcome the fire's devastating results, but will build a stronger, more beautiful community.

One homeowner said it perfectly: "This situation has been difficult for all of us, but we have an opportunity to leave a legacy by turning a crisis in to an opportunity. We have a chance to make The Trails something special for those who come behind us."

B.Z. Toons

by Brian Zaikowski

www.bztoons.com



Hey Mike, I was wondering. If we really don't want to be seen, How come we fly around with all these fancy lights on?

CC&R Quickies

Clothes drying facilities must be totally screened by fence, hedge, or shrubbery.



Recipe Of The Month



Cooking Lite With Steve-O

Margarita-Braised Chicken Thighs



Ingredients

1/2 cup flour (about 2 1/4 ounces)
1 tablespoon paprika
2 teaspoons garlic powder
8 skinless, boneless chicken thighs (about 1 1/2 pounds)
1/2 teaspoon salt
1 tablespoon olive oil
Cooking spray
1 cup thinly sliced onion (about 1 medium)
5 garlic cloves, minced
1/2 cup dried tropical fruit
1/2 cup orange juice
1/4 cup tequila
1 lime, thinly sliced

Cooking Instructions

Preheat oven to 400°.

Combine first 3 ingredients in a small baking dish. Sprinkle chicken with salt; dredge chicken in flour mixture.

Heat oil in a large nonstick skillet over medium-high heat. Add chicken to pan; cook 4 minutes on each side or until lightly browned. Transfer chicken to an 11 x 7-inch baking dish coated with cooking spray. Add onion to skillet; cook 3 minutes. Add garlic to pan, and sauté 1 minute.

Combine fruit, juice, and tequila in a microwave-safe dish, and microwave at high 2 minutes. Pour fruit mixture into pan; bring to a boil, scraping pan to loosen browned bits. Cook 1 minute. Pour onion mixture over chicken; top with lime slices. Bake at 400° for 20 minutes or until chicken is done.

Yield: 4 servings (serving size: 2 thighs and about 1/3 cup fruit mixture)

Contractors Who Work in The Trails

Important Phone Numbers

Police, RB Storefront
858-538-8146

Police Dispatch
858-484-3154

Fire
911

Trails Sewer Emergency
858-454-1686 (new)

Knight Security
760-745-3604

Palomar Hospital
760-739-3000

Pomerado Hospital
858-613-4000

Poison Control Center
800-876-4766

Child Abuse Hotline
800-344-6000

Crisis Line (Personal)
800-479-3339

Library
858-538-8163

PUSD
858-748-0010

Swim & Tennis Club
858-487-5002

Post Office, RB
800-275-8777

Better Business Bureau
858-496-2131

RB Chamber of Commerce
858-487-1767

RB Senior Services
858-487-2640

SDG&E, Cust Service
800-411-7343

Street Light Maintenance
619-527-7500

Trash Collection Info
858-492-5060

Recycling/Refuse Center
858-694-7000

Time of Day
858-853-1212

Weather Service (select opt #1)
858-675-8706

ALL EMERGENCIES
POLICE / FIRE / PARAMEDICS

DIAL 911



www.rbtrails.com

Electrical Services

Ralph Hollis Electric, CA#: 598686
858-442-6904 ralphholliselectric@hotmail.com

Errand Service and Personal Assistant

Rancho Bernardo Errand Service
858-385-7878

Health Coaching and Fitness Training

In-home fitness consultations and sports therapy by Tim and Sharon Kearin, four year residents of the Trails (858) 485-5021

Mortgages

Tom Kimball Mortgage Company, Tom Kimball
16776 Bernardo Center Drive
858-675-9805

Real Estate

Prudential California Realty, Arleen Gimbel
858-618-5658 (w) / 858-485-7077 (h) - www.arleengimbel.com
See www.thetrailsnews.com for neighborhood news

RE/MAX Of Rancho Bernardo, Libby Saleh -
www.libbysaleh.com
Office 858-485-1700 ext. 221, Direct 858-663-6544

Roofing and Repair

Strafford Roofing, Pat Strafford, CA#: C-39 649662
619-258-7621

Security

Knight Security, Special Prices for Trails Homeowners
Ca. Licence #C-7, C-10, C-61-306628, ACO 574, PPO-11254
760-745-3604

Travel Agent / Cruises

Joiner Travel
16935 W. Bernardo Dr., Ste. 107, San Diego, Ca 92127-1635
joinertravel@sbcglobal.net, 858 673-5700 / Fax: 858 673-5727

Tree Trimming

Parker Tree Service, Trimming and Removal
Certified Arborist #5975, #5976 / Contractor License #763675
Parkertreesvc@aol.com, 858-538-3785

Window Washers

Final Touch Window Cleaning & Screen Repair
Paul Robinson, Owner
Licensed and Insured, 760-751-7018

To place an ad, contact Steve Arnold at 858-518-2002

**The B.O.D. does not make any guaranty of services or work. Always ask for references and get multiple quotes!*